

Ames Public Library @HOME Activities

Friendship Rocks!

To be a kind friend means to share, to sit with a friend when they are feeling lonely, to wave to an elderly neighbor, and to care about people and the world around. To learn more see a related video on the Library's YouTube Channel at <http://bit.ly/APLvideos>.

Books and Media:

Title	Author / Performer	Call Number
<i>Kindness Makes Us Strong</i>	Beer, Sophie	E BEE
<i>All Kinds of Kindness</i>	Carey Nevin, Judy	E CAR
<i>Kindness & Generosity: It Starts With Me</i>	Shepherd, Jodie	ETR 177 SHE
<i>Making Friends</i>	Rogers, Fred	J 158.25 ROG
<i>Be Kind: 125 Kind Things To Say & Do: You Can Make the World a Happier Place!</i>	Shulman, Naomi	J 177 SHU
<i>Growing Sustainable Together: Practical Resources for Raising Kind, Engaged, Resilient Children</i>	Shea, Shannon Brecher	J PC 649.1 SHE 2020
<i>Let's Be Kind</i>	Amos, Janine	J PC RELATION AMO
<i>Channel Kindness: Stories of Kindness and Community</i>	(Feiwei and Friends)	YA 361.2 CHA
<i>Deep Kindness: Practicing Kindness in a World That Oversimplifies It</i>	Kraft, Houston	177 KRA 2020 (adult collection)
<i>READAbout: Playing with Friends</i>	READAbout bag	J READABOUT PLA
<i>Let's Learn (DVD). Kindness</i>	(Viacom International)	DVD Family LET

Take Away Kit: Friendship Rocks!

- 1 rock
- 1 permanent marker

Your kit contains a rock and a marker. Before you begin decorating your rock, clean it by wiping it down with a damp cloth or a paper towel. When your rock is dry, decorate it with the marker and any other supplies you may have in your home. You can draw a picture and/or add a kind message.

After you have decorated it you can keep it or gift it to another person.

Let's be kind every day!

Source: <https://www.thekindnessrocksproject.com/>