

Ames Public Library @HOME Activities for Teens

Canvas Art

We've been making it for about as long as we've been called humans. Art helps us to express feelings, exercise our creativity, and even change our mood. Art encourages us to be curious, ask questions, develop ideas, and indulge in play

Books and Media:

Title	Author	Call Number
<i>Inkblot: Drip, Splat, and Squish Your Way to Creativity</i>	Peot, Margaret	YA 751.4 PEO
<i>Art Skills</i>	Tumbull, Stephanie	J 702.8 TUR
<i>Discovering Great Artists: Hands-on Art for Children in the Styles of the Great Masters</i>	Kohl, MaryAnn F.	J 745.5 KOH

Websites:

URL	Notes
https://artsandculture.google.com/project/games?hl=en	Plenty of options for interactive fun, from word puzzles to colorizing famous paintings.
http://artloftasia.com/blog/5-benefits-of-practicing-art/	Discusses the 5 benefits of creating art
https://www.npr.org/sections/health-shots/2020/01/11/795010044/feeling-artsy-heres-how-making-art-helps-your-brain	This article discusses how making art and being creative can help with mental health.
https://www.piet-mondrian.org/	An article about the remarkable life and art of Piet Mondrian.

Vocabulary

Abstract Art - Any form of art that does not represent things in the real world, but is composed simply of shapes or color.

Collage – The technique of creating images by selecting, cutting out, and sticking down bits of paper and other printed material. The term comes from the French *coller*, to stick.

Doodling – is the act of creating drawings in an unconscious or unfocused manner.

Doodles often consist of repeated patterns that are familiar to the doodler.

Graffiti – A form of visual communication, usually illegal, involving the unauthorized marking of public space by an individual or group.

Mixed Media – A term that refers to a work of art that includes a combination of materials. This might include painting, found objects, video, and photographs.

Mural Painting – Painting that's made on the surface of a wall or ceiling.

Tempera Painting – Is an ancient art medium that has been used by most of the world's culture. True tempera is made by mixing egg yolk with pigment (color).

Zentangle - A Zentangle is a drawing method that uses repetitive shapes.



Canvas art take-away kit

The kit contains-

- Painters' tape
- paint brush
- sponge
- acrylic paint

There are many ways you can explore the materials provided.

One way to create some unique artwork is to make a tape resist painting.

To make a tape resist painting -

1. Attach long or short strips of tape across your canvas to create interesting geometric patterns.
2. Fill each section with patterns or solid colors using your sponge and paint brushes.
3. When the paint has dried, peel off the tape and check out your design!